

## WANDERLUST ADVENTURES GY



### COOK LIKE A GUYANESE TOUR

**Start: 3pm**

### OVERVIEW

**Duration: 3 Hours**

Cook Like a Guyanese is a hands-on cultural and culinary experience that invites you into the heart of Guyana's kitchen. Guided by local cooks, you'll learn how to prepare traditional Guyanese dishes using fresh, locally sourced ingredients while discovering the stories, spices, and traditions behind every recipe. From chopping and seasoning to simmering and tasting, this experience is about more than food. It's about heritage, family, and community.

### WHAT TO EXPECT

#### ► What's Included:

- Certified Chef Teacher
- Welcome Drink
- All Ingredients
- Cooking Utensils
- Apron and Chef Hat
- Hands on Cooking Demonstration

### COST

**\$100USD | \$20,000 GYD | PER PERSON**

#### ADD ON:

**MARKET TOUR: \$25 USD | \$5,000 GYD | PER PERSON**

**RUM TASTING: \$25 USD | \$5,000 GYD | PER PERSON**

### ADDITIONAL INFORMATION

- This tour requires a minimum of 4 guests.
- If it's canceled because the minimum isn't met, you'll be offered a different date/experience or a full refund. For a full refund, cancel at least 72 hours in advance of the start date of the experience.